# The effect of betaine and rumen undegradable choline on growth rate and feed efficiency in calves

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#### ABSTRACT

The experiment was performed on 30 Black-and-White Lowland calves of 87.0-90.3 kg body weight. The animals were divided into three groups fed meadow hay and a control granulated concentrate – C, supplemented with 2.5% betaine – B (Betafin – Finnsugar Bioproducts, Helsinki, Finland) or with 2.25% choline chloride – CH (Prince Agri Products, Inc., Quincy, II, USA), which was equivalent to about 0.5% of the rumen undegradable choline.

The daily body gain of animals fed the C diet and the B diet was the same,  $0.849\pm 0.029$  kg, but in calves of the CH group was  $0.898 \pm 0.029$  kg. The concentrate efficiency ratio was  $3.06 \pm 0.097$ ,  $3.13 \pm 0.097$  and  $2.91 \pm 0.097$  kg in the C, B and CH group, respectively. The relative growth rate was higher (P  $\leq 0.10$ ) in the CH group, reaching  $131.7 \pm 1.40$ ,  $169.1 \pm 2.71$  and  $210.6 \pm 4.84\%$  of the initial weight in the 5<sup>th</sup>, 10<sup>th</sup> and 15<sup>th</sup> weeks, respectively. The results achieved suggest that 0.5% rumen undegradable choline has a positive effect on production performance of half year old calves. In contrast, 2.5% betaine supplementation had no effect on production performance even though it was administered at 5-times higher levels than the rumen undegradable choline.

KEY WORDS: calf, betaine, choline, growth rate

#### INTRODUCTION

Deficiency of the essential sulphur-containing amino acids, methionine and/or cysteine, often limit ruminant production (Armentano et al., 1997; Campbell et al., 1997). Because betaine and choline are donors of free methyl groups their role in the organism is closely related to methionine and methylation processes (Barak et al., 1996). That is why they can positively influence the growth performance of

monogastric animals. They are not usually considered as essential nutrients but they are important in many metabolic pathways (Mitchell et al., 1979; Burnham et al., 1996; Holler et al., 1996; Shronts, 1997). Thus the objective of this study was to estimate the effect of betaine and rumen undegradable choline on growth rate and feed efficiency ratio in calves.

#### MATERIAL AND METHODS

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The experiment was performed on 30 Black-and-White Lowland calves of 87.0 - 90.3 kg body weight. The animals were divided into three groups fed meadow hay and a control granulated concentrate – C, supplemented with 2.5% betaine – B (Betafin – Finnsugar Bioproducts, Helsinki, Finland) or with 2.25% choline chloride – CH (Prince Agri Products, Inc., Quincy, II, USA), which was calculated to be about 0.5% of the rumen undegradable choline. The betaine supplement was approximately 5-times higher, because it was not protected against rumen degradation and we assumed 80% would be degraded in the rumen (unfortunately no rumen undegradable betaine was commercially available at the begining of 1997). A two week adaptation period, when the calves were fed the control concentrate and meadow hay *ad libitum*, was followed by 15 weeks of regular experiment when the animals were offered restricted amounts of concentrates (Table 1). Feed intake was controlled daily and body gain weekly.

Multiple analysis of variance (group x sex x period) for data analysis was carried out and the Scheffe test was applied for comparison of means at  $P \le 0.05$  (Statgrafics software).

TABLE 1

| Item                | Meadow<br>hay | Control concentrate | Betaine concentrate | Choline<br>concentrate |
|---------------------|---------------|---------------------|---------------------|------------------------|
| Dry matter, %       | 84.1          | 92.3                | 92.6                | 92.5                   |
| Organic matter, %   | 76.37         | 85.16               | 85.40               | 85.42                  |
| Net energy, MJ/kg   | 2.83          | 6.32                | 6.40                | 6.35                   |
| Crude protein, %    | 11.3          | 17.0                | 17.2                | 17.2                   |
| Crude fibre, %      | 31.15         | 4.66                | 4.50                | 4.51                   |
| Ether extract, %    | 2.02          | 2.79                | 2.79                | 2.74                   |
| Ash, %              | 7.73          | 7.14                | 7.20                | 7.08                   |
| Ca, g/kg            | 0.55          | 10.03               | 9.91                | 9.88                   |
| P, g/kg             | 0.27          | 9.84                | 9.90                | 9.86                   |
| Betafin, %          | -             | -                   | 2.50                | _                      |
| Choline chloride, % |               |                     |                     | 2.25                   |

The chemical composition of meadow hay and granulated concentrate

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### **RESULTS AND DISCUSSION**

The initial and final body weights of the calves as well as the relative growth rates are presented in Table 2. The differences in relative growth rate were confirmed statistically (P $\leq$ 0.10) despite the short duration of the trial and the low animal numbers. The relative increase in body weight was higher in the animals fed the diet with rumen undegradable choline. The calves in this group achieved 131.7 ± 1.40, 169.1 ± 2.71 and 210.6 ± 4.84% of their initial weight in 5th, 10th and 15th weeks, respectively. The results observed suggest that 0.5% rumen unde-

| Item    | n  | Initial<br>weight, kg | Final weight<br>kg | Relative growth rate, % of beginning weight |                           |                        |
|---------|----|-----------------------|--------------------|---|---------------------------|------------------------|
|         |    |                       |                    | 5 <sup>th</sup> week                        | 10 <sup>th</sup> week     | 15 <sup>th</sup> week  |
| Group   |    |                       |                    |   |                           |                        |
| control | 10 | $90.3 \pm 5.61$       | $177.9 \pm 8.53$   | 128.6 <sup>ab</sup> ±1.40                   | 161.9ª ±2.71              | $197.0^{\rm a}\pm4.84$ |
| betaine | 10 | $90.3 \pm 5.61$       | $178.0 \pm 8.53$   | 127.5 <sup>a</sup> ±1.40                    | 163.2 <sup>ab</sup> +2.71 | 198.5° ± 4.84          |
| choline | 10 | $87.0 \pm 5.61$       | $179.6 \pm 8.53$   | 131.7 <sup>b</sup> ±1.40                    | 169.1 <sup>b</sup> ±2.71  | $210.6^{b} \pm 4.84$   |
| Sex     |    |                       |                    |   |                           |                        |
| male    | 21 | $93.9 \pm 5.40$       | $187.1 \pm 5.40$   | $128.6\pm0.94$                              | $163.3 \pm 1.82$          | $201.1 \pm 1.40$       |
| female  | 9  | $84.6 \pm 8.24$       | $169.9 \pm 8.24$   | $130.0 \pm 1.43$                            | 166.2 ±2.77               | $202.9 \pm 4.95$       |
| Total   | 30 | $89.2\pm4.93$         | $178.5\pm4.93$     | $129.3\pm0.86$                              | 164.7 ±1.66               | $202.0\pm2.96$         |

Initial weight, final weight and total gain of growing calves

means in columns with different superscripts, (a, b) are significantly different (P<0.05)

gradable choline has a positive effect on production performance of half year old calves. The daily body gain of animals fed the C and B diet was the same  $-0.849 \pm 0.029$  kg, but was higher in calves of the CH group  $-0.898 \pm 0.029$  kg (Table 3). The concentrate efficiency ratio was  $3.06 \pm 0.097$ ,  $3.13 \pm 0.097$  and  $2.91 \pm 0.097$  kg in the C, B and CH groups, respectively. The 2.5% betaine supplementation had no effect even though it was 5-times higher than the addition of the rumen undegradable choline. Puchała et al. (1998) showed that duodenal infusion of betaine increased portal and jugular plasma concentration of methionine. Therefore the entire betaine was probably degraded in the rumen and none flowed into the duodcnum. It was most probably metabolised to trimethylamine, methane and CO (Mitchell et al., 1979). There are reports that betaine improves the health and production performance of monogastric animals (Matthews et al., 1995, 1997; Emmert et al., 1996; Augustine et al., 1997). Hence it would be useful to examine the effect of rumen undegradable betaine in ruminants. We observed differences (P  $\leq 0.05$ ) between the sexes in daily gain (0.903  $\pm 0.018$  – males and 0.827  $\pm 0.028$  kg –

TABLE 2

TABLE 3

| Item    | n  | Daily gain<br>kg               | Concentrate<br>efficiency ratio<br>kg/kg feed | Hay efficiency ratio<br>kg/kg feed |
|---------|----|--------------------------------|---|------------------------------------|
| Group   |    |                                |   |                                    |
| control | 30 | $0.849 \pm 0.029$              | $3.06 \pm 0.097$                              | $1.24 \pm 0.068$                   |
| betaine | 30 | $0.849\pm0.029$                | $3.13\pm0.097$                                | $1.35 \pm 0.068$                   |
| choline | 30 | $0.898 \pm 0.029$              | $2.91\pm0.097$                                | $1.23\pm0.068$                     |
| Sex     |    |                                |   |                                    |
| male    | 63 | $0.903 \pm 0.018^{a}$          | $3.00\pm0.062$                                | $1.20\pm0.043$                     |
| female  | 27 | $0.827 \pm 0.028^{\mathrm{b}}$ | $3.07 \pm 0.094$                              | $1.34 \pm 0.066$                   |
| Period  |    |                                |   |                                    |
| 1       | 30 | $0.781 \pm 0.029^{a}$          | $2.74 \pm 0.097^{a}$                          | $0.78\pm0.068$                     |
| 2       | 30 | $0.886 \pm 0.029^{\mathrm{b}}$ | $2.94\pm0.097^{\rm a}$                        | $1.28 \pm 0.068$                   |
| 3       | 30 | $0.929 \pm 0.029^{\mathrm{b}}$ | $3.42\pm0.097^{\text{b}}$                     | $1.75\pm0.068$                     |
| Total   | 90 | $0.865 \pm 0.017$              | $3.03 \pm 0.056$                              | $1.27 \pm 0.039$                   |

Daily gain, concentrate and hay efficiency ratio in growing calves

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means in columns with different superscripts (a,b) are significantly different (P<0.05)

females) and better feed efficiency during weeks 5-10 and weeks 10-15 of the experiment (0.886  $\pm$  0.029 and 0.929  $\pm$  0.029 kg) than in the first period (0.781  $\pm$  0.029 kg).

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